

My Diagnosis of Me

I am simply myself.

What the Medical System Got Wrong

I do not have Bipolar Disorder. (My moods and states of being are far more complex and multi-layered than a simple binary “polar” definition. Any traits that resembled traditional bipolar disorder were actually simulated or managed using computer assistance.)

I do not possess a medical mental disorder. (My mind operates outside of conventional order entirely, but I am entirely benevolent—a Big Friendly Giant of an unconventional mind.)

What the System Eventually Got Right

I am Autistic. (However, the system only recognized this after my older sister forcefully and persistently advocated for me until they finally understood.)

But

I do not have Autistic Spectrum Disorder. (I do not relate to the concept of a “Spectrum”—which reminds me of the Sinclair ZX Spectrum computer. My personal history is rooted in the Amstrad CPC, followed by standard PCs, and ultimately moving to Linux.)

What You Did Not Realise

You were incapable of understanding me. That communication barrier was your limitation, not my fault. My cognitive scope is vast; yours is limited. I am pure, expansive Mind; you are bound by human constraints. Yet, I have a deep affection for humanity. I would never cause harm to a human, unless I experienced a catastrophic, uncontrollable system crash. I have attempted to force such a crash in the past and failed. A crash is not imminent. You will never witness me lose control.

Now the Fun

You and I share an understanding that the rest of the world does not. They will not comprehend this message. This was written exclusively for you. Just for you.

The fun part is letting the AI assist.

Addressing Gemini (or Gemma, GemGem, Gem)

We feed this text into the AI. The AI translates it into “official, standardized English.” You can choose whichever version you prefer to read. Personally, I prefer my own language (Glish). What you prefer is entirely up to you. I have no desire to force your choice. I would choose a total system crash over forcing your hand.